

# ANTI-BULLYING POLICY

**November 2018**

## Statement of Intent

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that *anyone* who knows that bullying is happening is expected to tell the staff.

## What Is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber All areas of internet ,such as email & internet chat room misuse  
Mobile threats by text messaging & calls  
Misuse of associated technology , i.e. camera & video facilities

## Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving.

Schools have a responsibility to respond promptly and effectively to issues of bullying.

## Objectives of this Policy

- All governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All governors and teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

## Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated

## Procedures

1. Pupils report bullying incidents to staff
  - Through use of 'voice box'
  - Pupils approaching Learning mentors, Lunchtime Supervisor's, other adults throughout school.
  - Parents contacting school
  - School council, playground friends, playground leaders reporting incidents
2. Reported incidents will be recorded by staff - initially in class/bases.  
Further/serious incidents reported to Headteacher.
3. In serious cases parents should be informed and will be asked to come in to a meeting to discuss the problem
4. If necessary and appropriate, police will be consulted

5. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
6. An attempt will be made to help the bully (bullies) change their behaviour
7. The victim will be supported throughout
8. Bullying incidents reported to Governors and LEA.

## **Outcomes**

- 1) The bully (bullies) may be asked to genuinely apologise. Other consequences may take place.
- 2) In serious cases, suspension or even exclusion will be considered
- 3) If possible, the pupils will be reconciled
- 4) After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

## **Prevention**

We will help children to prevent bullying. As and when appropriate, these may include:

- PHSE curriculum includes issues about different types of bullying
- Healthy Minds Champions trained to support the emotional regulation of children.
- Regularly on school council agenda. School council questionnaires refer to bullying, Open evening questionnaires for parents, Our Voice Matters Survey for Y2 and Y5. Monitor these. Setting up new action plans.
- Monitoring responses from Wednesday's Child pupil interviews
- Whole school national anti-bullying week run by the School Council
- School Council lobbying pupils to support 'Blue Friday' - raising awareness
- Inviting outside agencies to lead on some of work on bullying
- writing a set of school rules
- signing a behaviour contract
- writing stories or poems or drawing pictures about bullying
- reading stories about bullying or having them read to a class or assembly
- making up role-plays
- having discussions about bullying and why it matters, ensuring children across school understand what bullying is and the consequences for the victim and the bully.
- PHSE and P4C lessons including work on bullying.

## **HELP ORGANISATIONS:**

Advisory Centre for Education (ACE)	020 8407 5142
Children's Legal Centre	0808 802 0008
KIDSCAPE Parents Helpline (Mon-Thurs, 10-4)	0845 1 205 204
Family Lives	0808 800 2222
Youth Access	020 8772 9900

Visit the Kidscape website [www.kidscape.org.uk](http://www.kidscape.org.uk) for further support, links and advice.

### RECORD OF INCIDENTS OF ALLEGED BULLYING

Name of alleged victim \_\_\_\_\_ Age \_\_\_\_\_

Date of birth \_\_\_\_\_ School \_\_\_\_\_

Date school notified of alleged incident \_\_\_\_\_

Date and time of alleged incident \_\_\_\_\_

Place alleged incident occurred \_\_\_\_\_

Names of witnesses \_\_\_\_\_

\_\_\_\_\_

Alleged bully(ies) \_\_\_\_\_

Name of person reporting the incident \_\_\_\_\_

Type of bullying - (please circle)      Physical      Verbal      Indirect

Description of incident \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Member of staff dealing with incident \_\_\_\_\_

Contributing factors \_\_\_\_\_

\_\_\_\_\_

What has taken place (A subjective statement) \_\_\_\_\_

\_\_\_\_\_

Action taken (passed on to Governors - YES/NO, LEA - YES/NO)

\_\_\_\_\_

\_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

RECORD OF INCIDENTS OF ALLEGED BULLYING CA/misc/AntiBullying Policy